

OCTOBER

2022

The suggested donation for a person over 60 years of age is \$4.00: for a person under 60 years of age is \$7.50.

Reservations must be made by noon the day BEFORE you wish to eat by calling 402-643-4466.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Cordon Bleu Brown Rice Broc & Cauliflower Fruit Cup	4 Meatloaf Mashed Potatoes Carrots Apple Slices	5 Chef's Salad Strawberry Shortcake Fruit Cup	6 Chili Cinnamon Roll Peaches	7 Fried Catfish Asparagus French Fries Rye Bread Ice Cream Sundae
10 Spaghetti w/ meatballs Peas Garlic Bread Tapioca Pudding Fruit Cup	11 Chicken Tenders Beets & Onions Potato Salad Apple Slices	12 BIRTHDAY/ANNIV Salisbury Steak Mashed Potatoes Green Beans Cake	13 Beef Stew Carrots Biscuit Fruit Cup	14 Jumbo Shrimp French Fries Three Bean Salad Fruit Cup
17 Orange Chicken Fried Rice Carrots Fruit Cup	18 Broc Cheese Soup Turkey Sandwich Banana Peanut Butter Celery	19 Hamburger Pizza Salad Breadstick Orange Slice	20 Breaded Tilapia Mac N Cheese Baked Beans Tapioca Pudding Fruit Cup	21 Runza Salad Root Beer Float Fruit Cup
24 Sloppy Jo Cucumber Salad Red Potatoes Fruit Cup	25 Fish Sandwich Coleslaw Carrots Fruit Cup	26 Chicken Fried Steak Mashed Potatoes Green Beans Fruit Cup	27 POTATO BAKE	28 Beef & Broc Fried Rice Egg Roll Fortune Cookie Blueberries
31 Halloween Party Beef Enchilada Mexican Rice Refried Beans Chips N Salsa Banana				

MENUS ARE SUBJECT TO CHANGE--1% MILK IS AVAILABLE WITH ALL MEALS—WHOLE WHEAT BUNS SERVED WITH EVERY MEAL