

SEPTEMBER ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 9:00 A.M. QI GONG 1:00 P.M. PITCH	2 10:00 A.M. BODY BASIC 1:00 P.M. LIVERPOOL RUMMY 2:30 P.M. - 3:30 P.M. FOODBANK	3 8:30 OR 9:30 A.M. TAI CHI 9:00 A.M. DONUTS & COFFEE 1:00 P.M. HAND & FOOT
6 CLOSED	7 10:00 A.M. BODY BASIC 1:00 P.M. PINOCHLE	8 BIRTHDAY/ANNIV 9:00 A.M QI GONG 1:00 P.M. "AND ALL THAT JAZZ" RANDALL SNYDER	9 10:00 A.M. BODY BASIC 1:00 P.M. LIVERPOOL RUMMY DOMINO'S	10 8:30 OR 9:30 A.M. TAI CHI 9:00 A.M. DONUTS & COFFEE 1:00 P.M. HAND & FOOT
13 9:00 A.M. YOGA 1:00 P.M. PITCH	14 10:00 A.M. BODY BASIC 1:00 P.M. PINOCHLE 1:00 P.M.-3:00 P.M. LIVING WELL FOUR CORNERS HEALTH DEPT. EXERCISE ROOM CLOSED FOOT CLINIC	15 9:00 A.M QI GONG 1:00 P.M. PITCH	16 9:30 A.M. BREAKFAST 10:00 A.M. BINGO 10:00 A.M. BODY BASIC 1:00 P.M. LIVERPOOL RUMMY DOMINO'S	17 8:30 OR 9:30 A.M. TAI CHI 9:00 A.M. DONUTS & COFFEE 1:00 P.M.
20 9:00 A.M. YOGA 1:00 P.M. PITCH	21 10:00 A.M. BODY BASIC 1:00 P.M. PINOCHLE 1:00 P.M.-3:00 P.M. LIVING WELL FOUR CORNERS HEALTH DEPT.	22 9:00 A.M QI GONG 1:00 P.M. PITCH	23 10:00 A.M. BODY BASIC 12:30 P.M. 1:00 P.M. LIVERPOOL RUMMY DOMINO'S	24 8:30 OR 9:30 A.M. TAI CHI 9:00 A.M. DONUTS & COFFEE 5:00 P.M. - 8:00 P.M. POTATO BAKE
27 9:00 A.M. YOGA 1:00 P.M. PITCH	28 10:00 A.M. BODY BASIC 1:00 P.M. PINOCHLE 1:00 P.M.-3:00 P.M. LIVING WELL FOUR CORNERS HEALTH DEPT.	29 9:00 A.M. QI GONG 1:00 P.M. PITCH	30 10:00 A.M. BODY BASIC 1:00 P.M. LIVERPOOL RUMMY DOMINO'S	